



For Immediate Release  
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### **Brenda Strafford Centre Hosts a Women Supporting Women Social to Raise Awareness Around Family Violence and Support Networking Between Women**

Calgary, ALTA (Nov, 15, 2018) - On November 29, 2018 at 6:00 p.m. at Pulcinella, the Brenda Strafford Centre gathers a 'Women Supporting Women' fundraising social in support of women and children fleeing family violence. Guests can enjoy live music by The Sadlier Brown Band, influential company and inspiring conversations while valuable packages are auctioned off in support of the Brenda Strafford Centre.

The Brenda Strafford Centre serves women and children impacted by family violence by providing a safe environment and comprehensive support services to safely return them to the community. The centre can hold up to 85 families at once and currently, they have 68 families with 101 children residing at the centre. In addition, 56 per cent of the women were not born in Canada, representing 23 different nations of high origin. A client of the Brenda Strafford Centre who, along with her son, has successfully fled family violence is now enrolled in post-secondary education and employed and will be speaking at the event to tell her story. It was connections and networking through past Brenda Strafford Centre events that helped her obtain her job, education and success today.

In light of the month of November being Family Violence Prevention Month and International Day of the Elimination of Violence Against Women on November 25, the gathering intends to raise awareness around family violence, how everyone can work to put an end to it, and provide women with an opportunity to network and support one another.

"We're excited to gather women to support other women - it's a simple but powerful way to help women impacted by family violence live independently and free from abuse. Conveying the message that each and every one of us can make a difference is inspiring, and really helps empower the community," Says Meaghon Reid, Executive Director at the Brenda Strafford Centre. "We're thrilled that so many members of the Calgary community have partaken in the

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event - whether that be their presence, in-kind donations, or alternative support, we are so grateful.”

For more information on the Brenda Strafford Centre, visit their website at [www.brendastraffordsociety.com](http://www.brendastraffordsociety.com) and follow their social media at @brendastraffordcentre.

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**More about the Brenda Strafford Centre:**

The Brenda Strafford Centre serves women and children impacted by family violence. We do this by providing a safe environment and comprehensive support services for women and their families so that they can safely return to the community and independently support their families in a violence free setting.